

Prompt

These three interactive art installations will invite attendees to make origami flowers that will be inserted into three different pots. The pots represent healthy, toxic, and abusive romantic relationships. Depending on how you make your flower (drawing, color, words, shape, etc.), it will resemble how you nurture your relationship. While the pot you choose to plant your flowers represents the person/people you have romantic relationship with and the environment where you build that relationship. However, you are welcome to just make your own paper flowers and bring them home!

- **Healthy Relationship:** The goal is for attendees to create a pink pot of fresh, colorful looking paper flowers with fertile brown soil. If you are an aspiring poet, do come up with something beautiful. Feel inspired by the Summit or want to inspire others? Want to share your joy or optimism with us? Go ahead express them on origami paper. Another idea is to write down an excerpt of lyrics from a song you like or put a favorite positive affirmations of yours.
What soil and pot for healthy relationships look like: pink and a bit of purple pot that has brown soil.
- **Toxic Relationship:** The goal is for attendees to create wilted, yellowish color paper flowers with brown and dry soil. Do you feel angry, nervous, or unheard of by someone you loved? Express them on the origami paper and color it with yellow pallets. Write things down or instances where you wish that your partner(s) and you could do better.
What soil and pot for toxic relationships look like: a pink, purple, and a bit blue gradient pot with small cracks. Use similar soil base as the one we use for the healthy pot.
- **Abusive Relationship:** The goal is for attendees to create decayed looking, darker color of flower origami with moldy soil. Have you noticed that you feel numb, agitated, remorseful, and hateful lately? Do express that on the origami by writing things down, crumple the origami paper, tear the edge of it, or puncture the paper with scissors or coloring pencil. As long as you do not hurt someone or yourself, you are welcome to do anything with the paper to make it grotesque!
What soil and pot for abusive relationships look like: heavily cracked purple and blue gradient pot. Use the moldy soil.

Items Needed to Assemble Bouquets

1. Printed prompt, instructions, and list of items/materials
2. Healthy soil base
3. Abusive soil base: the one with moldy feature
4. Painted bases (pots and noodles) of your choice
5. Origami flower paper or the simpler one that you created

Materials

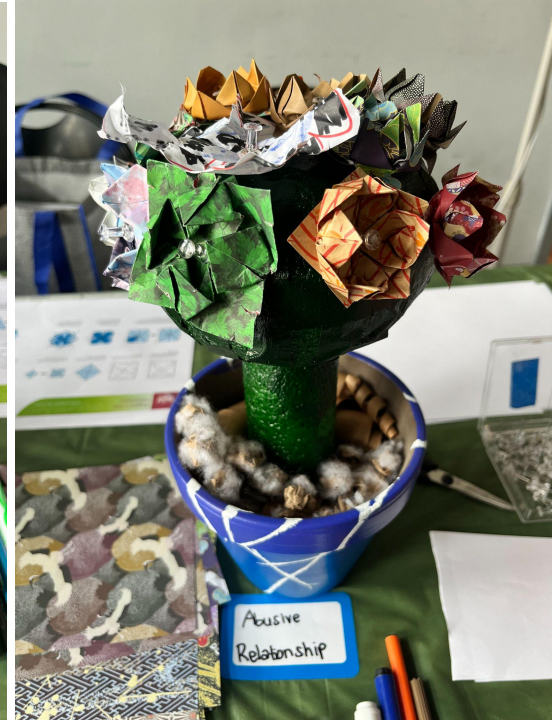
1. Origami paper or white paper
2. Scissors
3. Coloring pencils and pens
4. Thumb tack or push pins

Simpler Flower Instruction

Alternatively, you can draw flowers on a piece of origami paper or white paper, decorate them with words/images/colors, cut them/it with scissors, and shape the paper using a thumb of yours. Using another hand of yours, connect the index finger and thumb together to make a small circle. Then wrap the paper around another thumb of yours to be inserted into the small circle you make earlier. The final product will be a paper flower shaped.

Assembling Instruction

1. Pick your choice of pot. Ensure you gather items you need ahead of time. Refer back to *Items Needed to Assemble Bouquets*
2. Make as many or as little flowers as you want. Refer to the *Prompt* above and what three different pots represent should you need guidance. Feel free to talk to one of us (Salma or Val) should you prefer verbal instructions. If you need some translations, we may be able to get a translator for you
3. Make origami flowers. There are *Origami Lotus Instructions* available for you to follow
4. If you can't make the origami paper at the first try, be patient with yourself. Try again or ask help from Tai & Chloe. Another option is just to make a simpler flower. The instruction is above (*Simple Flower Instruction*)
5. Once your flowers are ready, with some thumb tacks or push pins then attach flowers into the noodle
6. Lastly do not forget to put a few soil in depending on the pot of your choice
7. Thanks for participating in our art installation project! We are hoping you learn something new through this fun activity :)



Note

Please appropriately credit this Art Installation to Val Addams, Tai Dolan, and Chloe Manus: A/PI DVRP Peer Organizers Inaugural Cohort from January 2025-September 2026.